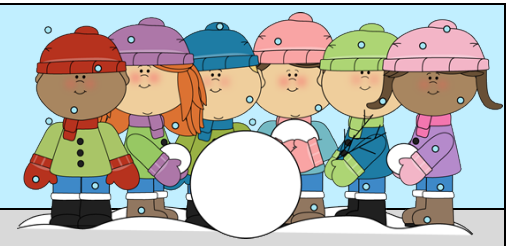




# January 2021



## Activities for The Cottages of Mt Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 2px solid black; padding: 5px; text-align: center;"> <p><b>EXCUSES ARE USELESS</b> <b>RESULTS ARE PRICELESS</b></p> </div>			<div style="background-color: yellow; padding: 10px; text-align: center;"> <p>May you have a warm, happy, and prosperous New Year ahead of you!</p> </div>		<p>1 10am Indoor Walks 11am Table Talk 1pm Monarch Butterfly Social</p>	<p>2 9am Coffee Social 11pm Table Games / Family Face Time</p>
<p>3 10am Morning Hymns 1pm Table Games</p>	<p>4 10am Laugh Hour 11am Trivia Day 1pm Queen for a Day Social &amp; Bingo</p>	<p>5 11am Tea &amp; Trivia Tuesday 2pm Music Hour &amp; Craft</p>	<p>6 10am Indoor Bowling 1030am Apple Trivia 1pm Apple Tree Day Social</p>	<p>7 <b>Glenn P. Birthday</b> 10am One on One Exercise 1130am Table Talks 12pm Mani &amp; Pedi</p>	<p>8 10am Morning Music Hour 1130am Trivia 12pm Let's Craft</p>	<p>9 1pm Adult Coloring &amp; Music</p>
<p>10 10am Morning Hymns 1pm Connect 4</p>	<p>11 8am Donuts with Don 1030am Penguin Craft 12pm Bingo</p>	<p>12 11am Tea &amp; Trivia Tuesday 12pm Snowball Slaw 1pm Laughter</p>	<p>13 10am One on One Walks 1130 Pre Lunch Music 12pm Hot Chocolate Social</p>	<p>14 830am Daily Chronicles 9am Morning Gathering 1130am Pre-Lunch Music</p>	<p>15 10am One on One Walks 6pm Movie Night</p>	<p>16 <b>Mercedes M. Birthday</b> 10am Coffee Socials 7pm Lawrence Welk</p>
<p>17 10am Morning Hymns 1pm Adult Coloring</p>	<p>18 8am Donuts with Don 1030am Music Hour 12pm Bingo</p>	<p>19 11am Tea &amp; Trivia Tuesday 1230pm Popcorn Social</p>	<p>20 10am Indoor Bowling 11am Riddles 1230pm Connect 4</p>	<p>21 10am Morning Stretches 1130pm Pre-Lunch Music 1pm Bingo</p>	<p>22 10am Indoor Walks 1130pm Pre-Lunch Music</p>	<p>23 830am Morning Chronicle 9am Morning Gathering</p>
<p>24 10am Morning Hymns 11am Movie</p>	<p>25 <b>Jane L. Birthday</b> 8am Donuts with Don 11am Let's Craft 1pm Bingo</p>	<p>26 10am Basketball 11am Tea &amp; Trivia Tuesday 12pm Baking Time</p>	<p>27 10am Chair Yoga 1130am Trivia 12pm Fancy Nails 1pm Music Hour</p>	<p>28 10am Indoor Walks 1130apm Table Talks 1pm Bingo 2pm Happy Hour</p>	<p>29 10am Bowling 11am One on One Activity 12pm Ice Cream Social</p>	<p>30 830am Morning Chronicle 9am Tennessee Ernie Ford</p>
<p>31 10am Morning Hymns 2pm Table Games</p>						

Activities subject to change – Activities are available for all residents who wish to participate